

RELAXED MONEY



GETTING YOUR

Partner on Board

*What to do when 'my partner isn't on board'
is the thing standing between you and beginning.*

A NOTE FROM KATE

If you're reading this, someone you love hasn't said yes yet — and that's creating friction between where you are and where you want to be.

I hear some version of this every single cohort:

“My husband won't let me spend the money.” “My partner doesn't believe in this kind of thing.” “I'd love to do this, but I need to get them on board first.”

I want to say something with a lot of love: waiting for your partner to be ready before you begin your own financial healing *is itself a money pattern*. It's one of the sneakiest ways our wiring keeps us from changing — because making your partner the reason you can't move forward means you don't have to.

This guide exists to help you do two things:

- Take full, sovereign ownership of your own financial healing — with or without your partner.
- Invite your partner in with love, clarity, and zero pressure.

These two things aren't in conflict. In fact, the second becomes much more possible once you've done the first.

We have so many stories inside Relaxed Money of one partner doing this work — and the other partner's financial life transforming too. Here's one of them:

“It's like Dave and Shana 2.0 — there's an aliveness, a freshness, a newness to our relationship that has all the great things about when we first got together. There's hope for me and money.”

— Shana & Dave, Relaxed Money students

Watch their full story: youtu.be/KJRY0rYsenc

PART ONE

The real reason you're waiting

Your partner isn't the obstacle. Your survival wiring is.

When we say “I can’t do this because my partner won’t let me,” it can feel like a legitimate practical constraint. And sometimes it is — money is shared in most relationships and consent matters.

But here’s what’s also true: making your partner responsible for your financial healing is a very convincing story our wiring tells us. Because if it’s their fault, we don’t have to change. We get to stay the same and call it their problem.

The invitation: notice this pattern with compassion and ask — am I waiting for practical reasons, or am I using my partner as the reason I get to stay small?

PART TWO

Your partner doesn’t need to be on board for you to get amazing results

You don’t need your partner to join Relaxed Money for this work to transform your financial life. And it may transform theirs, too.

When one person in a relationship genuinely shifts their relationship with money — their beliefs, their body’s response to it, their relationship to receiving — the energetic field of the whole relationship shifts.

You becoming more relaxed about money doesn’t threaten your partner. It opens a new possibility for both of you.

“My husband and I stopped fighting about money. We couldn’t even talk about it and he was in total avoidance. We’re a team in abundance now. Relaxed Money didn’t just save my business, it saved my marriage and made us fall in love all over again.”

— Saadia Baig, CEO Haven Wellness

“This program changed the way my spouse and I talk about money. We were on very different pages and it was typically a source of argument. We’re now making plans to build a new home — which I never thought possible.”

— Carolyn Kurtz, Relaxed Money student

“After 26 years of looking away from our finances, my husband and I now have a shared picture of all our accounts. It’s bringing us closer together.”

— Ann Franciskovich, Relaxed Money student

“I saw such a difference — not in me, but in him. It was like the information was coming through osmosis. After Relaxed Money, he got a promotion, money started flowing in, and he took us on vacation with his own money.”

— Annette Freeman, Relaxed Money student

PART THREE

How to invite your partner (without pushing)

If you'd love your partner to join you, here's what actually works.

Open your heart before you open your mouth

Before the conversation, take a moment to open your heart. Literally imagine a gate at your chest swinging open. Bring to mind what you appreciate about your partner — make a list or say it out loud to yourself. Let that love be what you're speaking from.

“I've been thinking about what I want for us — I want us to be building something together, a real financial life that reflects what we care about. I'd love for you to be part of this with me.”

Make it specific and flexible

Instead of “I think you should do this with me” — try: “Would you be open to sitting down together on Sunday afternoons for a couple of months? It's flexible — some Money Dates on your own, some we do together.”

Let the work speak first

The most powerful invitation you can extend is simply to begin — and let your partner watch what changes in you. The work speaks. You don't have to.

“I really didn't want to do Relaxed Money. I did this because I love my wife and I love our life and I want it to be the best it can possibly be. The hardest thing in our relationship is money.”

— Dave, Relaxed Money student

“I just told my husband what I was learning. He didn't take no for an answer from the banks — and we went from 3–4K a month for a decade to 9–20K a month. Relaxed Money is amazing. I tell everybody about it.”

— Allison Metcalfe, Relaxed Money student

“She was in receiving mode — ready when I was. Because she wasn’t a threat, I was able to show up and we were able to do things with our finances we hadn’t done in 40 years.”

— Brian Street, Relaxed Money student

“I wasn’t pushing. I just said: I’m ready when you are. And that created the space for everything to change.”

— Jeanne Street, Relaxed Money student

“My fiancé said marriage wasn’t possible without financial alignment. Now I know our numbers and paused a \$10K purchase just from tuning into my body. We have the alignment he needed.”

— Kelsey Linden, Relaxed Money student

Two people building a life together with shared clarity and financial purpose — that can become one of the most meaningful things you do as partners.

But it starts with one of you. Let that one be you.

XO, Kate and Mike

Ready to begin? **RelaxedMoney.com**